

Travel Safety and Health Certification Program



Keep students safe and mitigate risk
through online training and education

“Health and safety is becoming a primary focus for risk management in all study abroad programs. PerforMax³ and GROM professionals have expertise in mitigating risk abroad, responding to critical situations, and producing proven curriculum in an online format. This valuable knowledge allows us to serve our students beyond the capacity of the experience of the staff in our office.”

Jeff Simpson, Ph.D.

Director, Study Abroad and National Student Exchange Office

Travel Safety and Health Certification Program

Travel Safety and Health Certification Before You Travel



Cultural Environment - Awareness

Before your trip, it is important to learn about the customs, culture, climate, laws, and languages of the areas you intend to visit. Understanding a country's environment beforehand will be crucial to your ability to successfully navigate your travel and time. If you wait till you arrive at your destination to learn the local laws and customs, you may find yourself in uninvited predicaments and unfavorable situations.

Homework and preparation will enhance your awareness, safety, and transition. You'll identify important tasks, including securing a visa, and what to pack and wear during your travel to blend in. You'll learn common sense principles of travel safety - Be Aware, Be Low Profile, Be Unpredictable, and Be Prepared.



Select the "Next Page" button/link to continue.

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Travel Safety and Health Certification Situational Awareness and Safety



Awareness Tips on Transportation

- Use Safe Services
- Speak Up
- Travel by Day
- Using Trains/Buses
- Vary Routes
- Rental Vehicles
- Avoid Carjackings



Select each of the 7 radio button/links to learn about the different ways to mitigate risk when traveling.

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Travel Safety and Health Certification Travel Health Education



General Travel Health Considerations

Prescription Drugs

- Take enough medication to cover your entire trip; call your insurance company a few weeks before leaving to get a vacation override if you will be out of the country for an extended period of time
- Keep your medication in the original, labeled containers to avoid confusion and to use as a reference; make sure you know their generic names
- You may have trouble getting a large supply of certain medications, such as anti-anxiety or anti-depressant medications, approved by your insurance company; make sure you call your doctor in advance and make the necessary arrangements



Select the "Next Page" button/link to continue.

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The "Jenny" Situation

View this video and observe the actions taken by the student.

You'll be asked to respond to some questions on the following pages.

This video is used with permission by the Discovery Channel.



Select the play arrow on the video player to view the video; then select the "Next Page" button/link to continue.

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- The program is self-paced and can be assessed anywhere/anytime
- The program consists of four comprehensive lessons designed for the adult learner
- The robust Learning Management System tracks certification and generates Compliance Reports
- Security professionals agree that pre-trip training helps students study safely in most locations around the globe
- The program fulfills duty of care obligations

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